



Red Rocks Reporter



2013 International Chapter of the Year

February 2016

A Look Inside.....

Director Greetings	1
A MAD Note	1
Older Riders, More Risk	2
A Midwinter Surprise	3
Heading to Billings	4
Where to Ride this Year	6
Celebrations & Events	6
Other Chapters' Gatherings	6
Chapter Staff	7
District, Region, & National Staff	7
First Aid/CPR Course	7

Greetings from Your Directors

Tami & Steve Bender
Directors



Well we made it through our first meeting and no one threw anything at us. Whew! We had a great meeting with 29 of our closest friends. We had our "Dinner Ride" Wednesday the 20th and met at Dickeys Bar-B-Que on South Wadsworth and had another great time with 13 of our closest friends which included Mike & Becky's 2 grandchildren. Mike and Becky's ticket was drawn and again the red chip did not get drawn.

It looks like we have had a few people that have been able to ride a little. And I hope everyone is getting their recall work done so we can ride more when the weather turns warmer.

The district had Leadership training on Saturday the 23rd at Fay Meyers and again a great time with a lot of friends. Are you seeing the trend here, Great times and great Friends!

The District Officers Conference will be on Saturday January 30th at the Clements Center at 8:30 a.m. and everyone is invited to attend.

Our next monthly gathering will be on Monday, February 1, 2016, at 7:00 p.m. at the Clements Center with the Smiths bringing refreshments and planning our dinner ride for February 20, 2016.

We would like to thank those that have kept their "Volunteer Positions" and for those that have taken on new Chapter Positions! We appreciate all of you! And, if you ever need something more to do, just let us know. We are looking for a MEC and have openings for Dinner Rides, refreshments, helping with planning the All-District Bowling Event, and the Pig Roast.

Remember as a TEAM, Together We Achieve More!

A MAD Note

Submitted by Sherry Smith
Motorist Awareness



I will be giving a MAD seminar (don't forget taking a MAD seminar is required for REP Levels at Level 3) at February's meeting. It should not take more than 30 minutes. So stick around after the meeting....you'll be glad you did!



Study Shows Older Motorcycle Riders Risk Greater Injuries

*Submitted by Andrew Smith
Rider Educator*

Over the past two decades, the average age of motorcycle riders has increased, and a new report shows that injury rates have risen at an even greater rate for older riders. Older bikers are three times more likely to be seriously injured in crashes than younger riders, despite being in fewer wrecks.



The key distinction is that while younger riders, aged 20 to 39 years, were in far more accidents from 2001 to 2008 (921,229 incidents) than the oldest age group (65,660), those aged 60 and over were found to be much more likely to experience a severe injury. The older riders were shown to suffer more head and chest injuries, and to be more likely to die as a result of their injuries. Bikers in this age group were also three times as likely to be admitted to a hospital after a crash as were those in their 20s and 30s.

The findings were published online last week at the peer-reviewed journal:

Objective *To examine differences across age groups in patterns of injuries sustained from motorcycle crashes.*

Methods *Cross-sectional data from the National Electronic Injury Surveillance System-All Injury Program were used to assess emergency department-treated injuries resulting from motorcycle crashes in the USA from 2001 to 2008. Trends in injury frequency, the types of injuries and severity of injuries sustained among those aged 20–39 years, 40–59 years, and 60 years and older were compared.*

Results *An estimated 65 660 patients 60 years and older, 466 125 patients aged 40–59 years and 921 229 patients aged 20–39 years were treated in US emergency rooms for injuries sustained in motorcycle crashes from 2001 to 2008. The number of injuries increased in all groups from 2001 to 2008, with the greatest rate of increase occurring in the oldest age group. Older adults had the greatest odds of hospitalization with a threefold increased rate of hospitalization (OR=3.05; 95% CI 2.58 to 3.59) compared with younger adults. Middle age adults had a nearly twofold increased odds of hospitalization (OR=1.89; 95% CI 1.70 to 2.11; $p<0.0001$) compared with younger adults. Analysis of injury severity showed a similar pattern with both older adults (OR=2.46; 95% CI 2.02 to 3.01) and middle age adults (OR=1.66, 95% CI 1.52 to 1.82) having significantly increased odds of severe injury compared with young adults.*

Conclusions *Older adults involved in motorcycle crashes are prone to more severe injuries than younger adults. The increased number of older adults riding motorcycles should put further focus on risk of injury to this population.*

Among the authors' conclusions is that older adults experience more severe injuries due to the physiological effects of the aging process. In other words, getting old sucks. The report states: "As the body ages, bone strength decreases, subcutaneous and visceral fat distribution may change, and there is a decrease in the elasticity of the chest wall, factors which may lead to more severe injuries after exposure to trauma." Like I said...



The study goes on to cite risk factors for older riders that include delayed reaction time, altered balance, and worsening vision. Factor in the greater likelihood of a pre-existing health condition, and it is plain to see that older riders face greater survival challenges on two wheels. And now there is a comprehensive study to validate what previously may have been considered common sense.

The conclusions from the study include some valuable lessons:

- Many older riders may be new to motorcycling, or may have rusty skills. Motorcycle safety courses are recommended for new riders, as well as refresher courses for experienced riders.
- Injury risks increase with age, compounding the inherent risks associated with riding.
- Using a DOT-approved helmet can reduce the risk for head injuries.
- Middle-aged and older riders may benefit from chest protection.

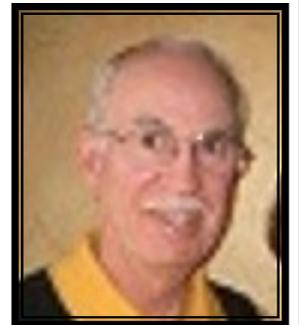
Ride Safe – Have Fun!

A Midwinter Surprise

by Nick Hoppner

District Motorist Awareness

On Saturday, March 19th, the season of winter formally ends. Of course, our weather does not respect mankind's dictates. Blizzards continue to roll across the nation whenever and wherever moisture, low temperatures, and winds occur. Just because the calendar says springtime is on its way, winter still holds sway whenever its arbitrary whim dictates.



Just as unpredictably, periods of balmy weather can occur in every month of the winter season. Even as Colorado residents were digging out from under foot-deep snowbanks brought by an El Niño-powered White Christmas, Mike Vaillancourt was riding his Gold Wing on the clean, dry country lanes in southern New Hampshire. New England had a brown Christmas this year.

It should come as no surprise, then, that two and three-wheeled motorcycles are not entirely absent on our streets and highways even in January, February and March. However, because they are few and unexpected, many motorists aren't looking for them. Most motorists, driving along in their cozy, warm sedans and pickup trucks, chuckle at what they consider the "insanity" of a bundled-up rider out on a sub-freezing day. A better response might be to have a little light bulb come on in their heads—"Aha! There *are* bikes out there, so I'd better be sure to redouble my alertness."

Little reminders like "Watch Out For Motorcyclists" bumper stickers help to keep drivers aware that we riders *are* out there no matter what the season. You might remind your friends and neighbors that we dedicated wintertime motorcyclists have to dodge icy patches, packed snow scabs, gravel, and frozen mud clumps, so we may seem to be riding erratically. Nope. We're just out having fun on a sunny winter day.



Heading to Billings

*Becky Ackerman
Ride Coordinator*

As some of you know, Mike and I spent several days in Cody, WY last July. It isn't very far from Billings so you may want to give some thought to stopping there going or coming home. It is a VERY popular place as it's fairly close to Yellowstone, so reservations are a must. When we were there we camped and each evening we saw lots of campers turned away at our campground because they didn't plan ahead and the campground was full. There are plenty of hotels for the non-campers. So don't think you have to camp. Just keep that in mind.



Cody has a lot to offer and we explored some of it last summer. They have a very nice visitor's center on the main drag and that's how we found out about some of these stops.



For one, there's a gunfight 6 nights a week, June through September, just off the porch of the Irma Hotel. The cast includes Buffalo Bill, Wild Bill Hickok and Doc Holliday, just to name a few. It's a lot of fun to see and it's free! However, it pays to get there early and rent a chair for \$2 because by the time the show starts it is standing room only. And it's way too long to stand. You can rent your chair earlier in the day at the trolley stand and they put your name on it that evening. We ended up with front row seats!



You'll have plenty of time to walk inside the Irma Hotel and check out this beautiful old building. Yes, you can still get a room there! Take a look at the neat bar and the very impressive gold cash register behind it. Tin ceilings and ornately carved woodwork, too. And you should make time to sit out on the covered porch and have a cool libation.



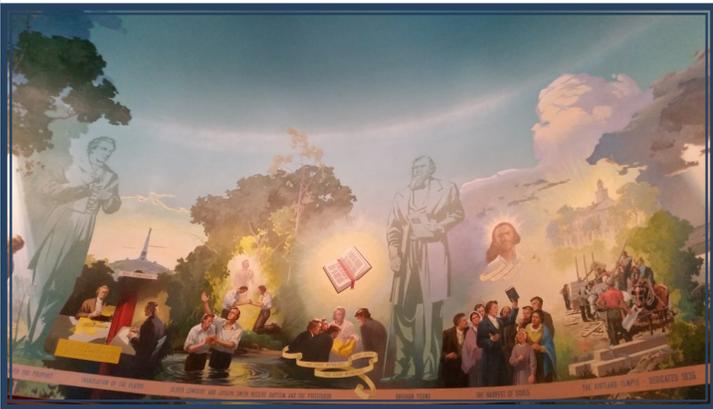
The Buffalo Bill Dam and Reservoir is a must see as well. Make time to take the tour and watch the film on how the dam was built, how long it took and at what cost. You'll find it pretty amazing.

Visit the Interpretive Center at the Heart Mountain Japanese Internment Camp and learn just how the Japanese were treated there during World War II. It's a real eye opener! There's not much left to see on the grounds but the short walking tour has interpretive signs to explain where buildings were located.



If you've ever been to Cody you already know about the Buffalo Bill Center of the West Museum Complex right in the heart of town. If you've never taken the time to tour this facility you don't know what you're missing.

There's also a nightly rodeo offered June 1st to August 31st at 8:00 p.m. with grandstand seating and food you'd find at the fair. Yummy!



You may see signs along the highway advertising a giant mural at The Church of Jesus Christ of Latter-day Saints. Believe me, it is well worth a stop and it is also free! We had a gentleman explain the entire mural to us as it depicts the history of the first 70 years of the church. It is painted on a domed, circular ceiling and is pretty incredible. Behind it is another room with paintings and wood workings explaining more of the church's history.

For those of you who are into quilting or simply enjoy looking at them, another must see is the Friends and Co. Quilt Shop. We saw signs along the highway

and decided we had to check it out. Wow! The building is very nondescript but don't let that fool you. You'll be amazed at how much they have crammed in to this fairly small building. No space is wasted! And the quilts they have on display are very impressive.

If you didn't take the time to ride over Beartooth Pass from Billings, now is the time to do it. We discovered that the best direction to ride it to get the best mountain views is to ride to Red Lodge, Montana, first north via 120 from Cody to 308 and west to Bearcreek then Red Lodge and Highway 212. Looking at the map this road is marked as a scenic highway from I-90 just west of Billings all the way to Cooke City. At Red Lodge just follow the signs to Beartooth Pass and have your camera ready. Be prepared to be awed and please take



the time, if the weather cooperates, to make lots of stops and take it all in. You won't be disappointed. We turned off at 296 to Cooke City for a lunch stop and a plate of nachos grande that would feed an entire family. Even though we had to backtrack a ways we enjoyed the scenery both directions. Heading back east 296 will return you to 120 and Cody. As many times as we've ridden the pass, going both directions, we've learned this way puts the mountains in front of you and you're not continually looking back over your shoulder to enjoy the view.

As for Yellowstone, it's a mere 50 miles west of Cody but give yourself plenty of time for the drive because this road is heavily traveled by tourists headed to the same place. Keep this in mind when you return to Cody late in the day. Same goes.

Hope this gives you some ideas on where to spend some extra time near Billings. We certainly enjoyed our time there and have every intention of doing it again someday.



Where will Chapter L Ride in 2016??

No one reported riding to me, but I KNOW a few of you have at least taken your Gold Wing in for the recall. Where will YOU ride this year? Be sure to let Randall know when you have ridden into or through one of our beautiful states! Let's FILL IT UP!!!!

We have added the following States to our Chapter's 2016 Travel List:

- Jan
- Feb **CO**
- Mar
- Apr
- May
- Jun
- Jul
- Aug
- Sep
- Oct
- Nov
- Dec



February Celebrations

Birthdays

Linda Fisher	12
Janet Drake	25
Tami Bender	26

Anniversaries

Not even a Valentine Day Wedding!

Upcoming February 2016 Events

- Mon 1 Chapter Meeting
Refreshments by Smiths
- Sat 20 MAD Seminar @ Chapter G
- Sat 20 Dinner Ride hosted by Smiths
- Sat 27 LTP Leadership Skills @ Fay Myers

Dinner Date Night Coming in April

See attached flyer!

Colorado Chapter Gatherings

For information regarding Who, When, and Where, check your ride book OR go to the District Website at:

<http://www.coloradogwrra.com/Chapter/ChapterMeetings.htm>

Chapter L Officers and Staff 2015

Chapter Director	Tami & Steve Bender	Email	303-972-8420
Assistant Chapter Director	Chuck Bellmyer	Email	303-532-6630
Chapter Educator	Andrew Smith	Email	303-923-8342
Treasurer	Fred & Linda Fisher	Email	720-922-0789
Motorist Awareness Coordinator	Sherry Smith	Email	303-923-8342
Coffee Maker Extraordinaire	Kenny & Lis Simons	Email	720-685-0188
Membership Enhancement Coordinators	Vacant	Email	
Chapter Couple of the Year	Fred & Linda Fisher	Email	720-922-0789
Chapter Individual of the Year	Chuck Bellmyer	Email	303-532-6630
Ride Coordinator	Becky Ackerman	Email	303-988-0413
Greeter	Ralph Spencer	Email	303-888-2705
Storekeeper	Vacant	Email	
Ride Book Editor	Janet Drake	Email	303-933-6073
Newsletter Editor	Randall Drake	Email	720-480-2800

[Chapter L Web Site](#)[Colorado District Staff](#)[Region F Staff](#)[GWRRA National Staff](#)

Medic First Aid & CPR Course

Sponsored by Chapter CO-G

When: Feb 20, 2016 @ 10:00 a.m.

Where: REA in Windsor
7649 REA Parkway

Cost: \$20 for Colorado GWRRA Members

RSVP: Hugh Curley
hugh@hughcurley.com
970-344-6053



DINNER AND DATE NIGHT

"PETER and the STARCATCHER"

DATE: SATURDAY APRIL 2, 2016

TIME: 5:30 P.M.; DINNER 6:15 P.M.

PLACE: BOULDER DINNER THEATER

5501 ARAPAHOE AVE., BOULDER, COLORADO

PRICE: \$55.00 PER PERSON

This price includes dinner, coffee, iced tea, and sodas, all taxes and gratuities for dinner and show. You may purchase desserts and alcoholic drinks at additional cost.

I have reserved 20 seats; we must sell at least 12 seats. March 2nd is the final day to sign-up. All checks are to be made payable to Linda Fisher.

Sign-up sheets will be available for Chapter L's meeting on Feb.1st.

Come join us for an evening of "FUN, Friends and as much Safety" that is called for.



GWRRA Region "F" Family Reunion!

In conjunction with the NM District Rally

May 27-29, 2016

Albuquerque Marriott

2101 Louisiana Boulevard NE • Albuquerque NM 87110

1-505-881-6800



3 Nights of FUN, and CELEBRATION!!!!

Plan for FUN, United for FAMILY!!!

Daily 50/25/25

Bike Show

First Aid/CPR Class & Recert Class

Couple & Individual of the Year Selection

Rider Ed Games

Rider Education and Leadership Seminars

Master's Luncheon on Sunday

Convention Pin & Door Prizes

ARC and TRC Courses**

Light Parade and Show

Vendors, Including Bling & Chrome

***Horizon Class on Friday**

***Deposit required, refunded if you attend**

\$1,000 CASH GRAND PRIZE

Tires, Special Gifts and more

****Classroom is Friday AM; Range on Sat.**

PREREGISTRATION ENDS MAY 1, 2016 – After that date, no meals or shirts will be available

GWRRA Members (**\$10 more on site**) \$30 _____ \$ _____

Non Members (**\$10 more on site**) \$35 _____ \$ _____

(NEW? Join GWRRA at the convention and registration is free!)

Day Passes-available for purchase on site

Dinner on Saturday Night \$28 _____ \$ _____

Chicken _____ Beef _____ Veggie _____

First Aid/CPR _____ Full (Sat.) _____ ReCert (Sun.) \$20 _____ \$ _____

ARC or TRC _____ ARC _____ TRC(+ \$5 for 2 up) \$45 _____ \$ _____

(Each class limited to first 12 sign ups. Classroom/Range days see above)**

Horizon Class* \$20 _____ \$ _____

Master's Luncheon # of attendees _____ \$20 _____ \$ _____

On Sunday Master # _____ # _____

PreRegistration Tickets-drawn at closing **Cost Qty Total**

\$1000 Grand Prize (\$1.00 each at rally) 2 for \$1 _____ \$ _____

50/25/15/10- Strips of 10 \$5 X _____ \$ _____

50/25/15/10 - Strips of 100 \$30 X _____ \$ _____

Convention Shirt:

Short Sleeve Polo: \$28 X _____ \$ _____

Short Sleeve T-shirt: \$21 X _____ \$ _____

Long Sleeve T-shirt: \$23 X _____ \$ _____

Size choice for either style shirt _____s _____m _____l _____xl

_____2xl _____3xl _____4xl add \$2.00 to prices above

Put check mark to indicate type of payment-credit card info to right

Check _____ Credit Card _____ **GRAND TOTAL ENCLOSED: \$** _____

Make Checks payable to Region F

No refunds after May 10th

MORE UP TO DATE INFO AND SCHEDULE

WWW.GWRRA-RegionF.org

Send to:

Patti O'Neill

1828 Bel Air Ave

San Jose, CA 95126

pattioneill.gwrro@gmail.com

No refunds after May 10th

Credit Card: V/MC/D

CC # _____

Exp Date: _____ Security #: _____

I plan to enter the Bike Show!

Check/fill in what applies:

(more than 1 entry use back of form)

GL _____ Valkyrie _____ Trailer _____

2 Wheels _____ 3 Wheels _____ Sidecar _____

Open Class 100cc or less _____ 1000cc+ _____

Stock(stock paint) _____

Custom(pinstriping; graphics; wood grain) _____

Show(Murals) _____ (more details; see website)

Rider: _____ GWRRA #: _____ Attended before _____

Co-Rider: _____ GWRRA #: _____ Attended before _____

Address: _____ Chapter: _____

City: _____ State: _____ Zip: _____ Position with GWRRA _____

Phone: _____ E-mail _____

The undersigned, agree to comply with the ideals governing this event and to hold harmless the GWRRA, co-sponsoring organizations and property owners for any loss or injury to self or property in which I/we may become involved, and I/we agree to assume responsibility for any property which I/we knowingly damage.

Rider Signature: _____ Co-Rider Signature: _____



MFA/CPR Course

Sponsored by CO-G

**When: Saturday, February 20, 2016
10:00 (following CO-G gathering)**

**Where: REA in Windsor
7649 REA Parkway
Windsor, CO 80528**

Cost: \$20 for Colorado GWRRA Members

**RSVP: Hugh Curley
hugh@hughcurley.com
970-344-6053**